

G Strophanthin capsules / Kapseln

100 Capsules

3mg G-Strophanthin / Ouabain / Estrofantina

Filler: Organic Rice Starch Flour

Our new capsules are 100% natural with a high bioavailability.

Please take the capsules with care and start treatment slowly. Take a look at our page for extra information.

How to start taking our G Strophanthin 3mg capsules:

Day	Morning	Midday	Evening
1.	-	-	1 Capsule (1/2 Capsule if sensitive)
2.	1 Capsule	-	1 Capsule
3.	1 Capsule	1 Capsule	1 Capsule
4.	1 Capsule	1 Capsule	1 Capsule
5.	2 Capsules	1 Capsule	2 Capsules
6.	2 Capsules	2 Capsules	2 Capsules

After the first six days, you should take 2-4 capsules daily. It is best to take our capsules when having been half an hour on an empty stomach, before mealtimes.

The best way of intake is to open the capsules manually. Let the powder dissolve directly in the mouth for 5-6 minutes, then swallow it. This way it bypasses the stomach and will be absorbed quicker.

*In case of high-level stress feeling/ emergency (heart attack): Open 2 capsules into your hand and lick the content. Let the powder dissolve in your mouth and swallow after 5 minutes. If needed; repeat the process

Attention:

There are no side effects of our capsules taken alongside other medicines. Albeit we do advise that you take care of your Kalium and Magnesium levels. We recommend you combine our G Strophanthin capsules with a daily dose of D3-Kalium.

G-Strophanthin, Ouabain is a long-term remedy. Less is always more. Keep some capsules with you when on the go and take them at any time if needed.

Start slowly... With normal bowel movements, maintain the dosage and raise it slowly. If too soft (e.g. diarrhoea); stop for a day and start again. This is a long-term treatment. You cannot overdose once the body is used to Strophanthin.

Expiry Date: Store an unopened package for 24 months. Once opened use before 12 months. Seal bag after each use.

If you have any queries, please do not hesitate to contact us.

This is not a medication, but a natural remedy that has been working for over 100 years.

<https://www.optisan.org/>